

FIVE CONVERSATIONS FOR HEALTHY RELATIONSHIPS

What's Good.1:

A HEALTHY DEPENDENCE ON AFFIRMATION

One of the most important truths we can embrace today is that none of us is alone, that we will only become the very best version of ourselves when we learn to live in _____ with others.

Featured Scripture Reference:

*Iron sharpens iron,
and one man sharpens another.
Proverbs 27:17 (ESV)*

It is not something we can give ourselves. When we live in community with others, when we treat each other like “family”, we have a responsibility to _____, to encourage each other.

Things I want to remember from the video:



The wisdom in these lessons is thousands of years old and has been tried and found true by hundreds of millions of people.

QUESTIONS FOR DISCUSSION:

Who do you have in your life to encourage you, to show you what's right?

For whom do you play that role?

How might your life look different if there were relationships in your life where that was happening IN BOTH DIRECTIONS?

WHAT? What lesson or truth do I take away from this session?

SO WHAT? Why and how does this truth or take-away make any difference in my relationship(s)?

NOW WHAT? What step will I take this week as a result of this lesson?

How I can be remembering group members this week:

