

FIVE CONVERSATIONS FOR HEALTHY RELATIONSHIPS

Where Our Hope Is.4:

WHO AM I?

Featured Scripture Reference:

*O Lord, you have searched me and known me!
My frame was not hidden from you,
when I was being made in secret,
intricately woven in the depths of the earth.*

*¹⁶ Your eyes saw my unformed substance;
in your book were written, every one of them,
the days that were formed for me,
when as yet there was none of them.*

Psalm 139:1, 15-16 (ESV)

Ultimately, the only one who gets to determine my identity is the one who created me in the first place...I am who _____ says I am.

Things I want to remember from the video:



The wisdom in these lessons is thousands of years old and has been tried and found true by hundreds of millions of people.

QUESTIONS FOR DISCUSSION:

Who do you let tell you who you are? Does it give you hope that God, whose wisdom is beyond our comprehension and whose love for you is beyond your understanding, knows best who he created you to be?

If you want to know who God says you are, how would you go about finding that out?

WHAT? What lesson or truth do I take away from this session?

SO WHAT? Why and how does this truth or take-away make any difference in my relationship(s)?

NOW WHAT? What step will I take this week as a result of this lesson?

How I can be remembering group members this week:

