

FIVE CONVERSATIONS FOR HEALTHY RELATIONSHIPS

Intro.2:

A JOURNEY, NOT A DESTINATION

Genuine health (both, physical and relational) comes as a result of a _____, i.e., a series of right choices over a long period of time.

Featured Scripture Reference:

“Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock... And everyone who hears these words of mine and does not do them will be like a foolish man who built his house on the sand. Matthew 7:24, 26 (ESV)

Healthy relationships require good choices not only in terms of what we talk about, but also in terms of _____ we talk and _____ we talk.

Things I want to remember from the video:



The wisdom in these lessons is thousands of years old and has been tried and found true by hundreds of millions of people.

QUESTIONS FOR DISCUSSION:

Are you here in order to learn a quick fix for a difficult relationship in your life, or are you here for the long journey of strengthening relationships by building them one brick at a time on a solid foundation?

What do you believe is the next step for you to take in that journey?

WHAT? What lesson or truth do I take away from this session?

SO WHAT? Why and how does this truth or take-away make any difference in my relationship(s)?

NOW WHAT? What step will I take this week as a result of this lesson?

How I can be remembering group members this week:

