

Spiritual Foundations

Luke 6:46-49

“Christian”, in many people’s minds, is about beliefs. “Christ follower”, on the other hand, is about movement and daily choices. I am not a Christ follower unless I am actually _____ Him, i.e., doing His Word and choosing the things He chose.

Discussion 1. Do think, in our current culture, the difference between calling yourself “Christian” and calling yourself a “Christ follower” is significant? Why or why not? Do you have a regular discipline in your life that helps you be more of a “doer” of the Word?

Being a doer of God’s Word may not bring instant success or stunning results by the world’s standards; however, _____ over time builds a spiritual and emotional foundation that is unshakable by the floods of this world.

Discussion 2. Can you think of any spiritual disciplines in your life that may not produce instant results but that have become “foundational” for you when your faith may have been tested?

Christ followers do not escape the pains and struggles from being in a broken world. But our long, daily obedience to Jesus prepares us for _____ even in the midst of that pain.

Discussion 3. How has being a Christ follower helped you get through times of struggle and pain?

The Christian with a great job and a wonderful family and an impressive record of church attendance is still prone to being swept away by the brokenness of this world unless he/she is intentional about digging deep and building a _____.

Discussion 4. Think about how much of your “church life” is not necessarily building a spiritual foundation. What are some possible “next steps” for you to be more intentional about building a solid spiritual foundation (remember: it is about doing the hard things Jesus says)?

Discussion 5. How does this lesson cause you to pray? How does it prepare your heart for worship?