

Review:

Lesson 1: Praise God

Lesson 2: When God Rescues

Lesson 3: The Foolish Godless

Lesson 4: How God Speaks

Lesson 5: Repentance

Lesson 6: Resurrection Centrality

Lesson 7: Wisdom for the Godly

God is Our Refuge

Psalm 62:1-12

God is our only refuge in the midst of an otherwise broken world. As Christ followers, we spend our lives _____ in our understanding of that reality.

Discussion 1. How would you put “God is my resting place” into your own personal context? Fill in the blank: I found God to be a resting place, i.e., my refuge, even when _____.

Struggle and heartache are features of this broken world which only serve to highlight how blessed God’s people are to have in Him a _____ and refuge from the chaos.

Discussion 2. If we can appreciate God as our resting place only in light of the brokenness of this world, is that a reason to be thankful for our struggles? How does being thankful for our struggles change us?

The promise of rest and refuge is not only God’s promise to us as individuals, but also to entire communities of believers. We reap the benefits of God’s refuge together when we seek God in community with _____.

Discussion 3. Every faith community (i.e., church) has seasons of peace and seasons of conflict. Do you believe we have any control over that? If so, what kinds of spiritual disciplines help us move towards peace?

Human frailty and the inferiority of the powers of this world make God the perfect refuge for us, His followers. His _____ and His sovereign power, two sides of the same coin, are where we can find rest from the chaos of this world.

Discussion 4. Why do we sometimes trust wealth more than we trust God, even when we know in our heads that God is infinitely more powerful and loving?